



Team of Kinsey Researchers Dedicated to Study of Condom Use



by Ellen Michel

A team of researchers affiliated with The Kinsey Institute has been working for several years on issues associated with the use of condoms. Members of the team come from three countries — Canada, Great Britain, and the United States — and since 2001 they have published over 20 articles in scientific journals on the topic of condom use. The findings have led to a major National Institutes of Health grant.

William Yarber, senior research fellow at The Kinsey Institute, says the team originated because of the recognition that there was little research on condom use errors. Without assessing problems associated with condom use, health interventions may be incomplete.

“In past research, public health officials assumed that people were using condoms

correctly,” Yarber explains. “The educational focus, too, was largely on only the consistent use of condoms, failing to consider whether condoms were being used correctly.”

“We recognized that assumptions about protection cannot be made solely on consistent use, as that can over-estimate effectiveness. For example, if someone uses condoms 100% of the time, it would be erroneous to assume total protection, as use errors and problems could lead to risk.”

Other members of the team include Stephanie Sanders, associate director of The Kinsey Institute, and Kinsey research fellows Richard A. Crosby, Cynthia A. Graham, and Robin R. Milhausen. They meet once a year for a week of preparing manuscripts and planning future projects, and keep in touch via conference calls.

Members of the multidisciplinary team have research experience in health behavior, sex therapy, the biological aspects of sexuality, psychology, health education, and gender studies.

Pictured above: Members of the condom use research team: Stephanie Sanders, Indiana University; Robin Milhausen, University of Guelph; Richard A. Crosby, University of Kentucky; Cynthia Graham, Oxford University; and William Yarber, Indiana University.

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The Marvels of The Kinsey Institute Library

By Lee Ann Sandweiss

On the third floor of stately Morrison Hall on the IU-Bloomington campus, The Kinsey Institute houses a literal treasure trove in its extensive library and collections, as evidenced by a glimpse into the lobby’s display case. There, among an array of equally fascinating items, the visitor sees a 1984 “pop-up” edition of the *Kama Sutra* as well as the 1704 volume, *Marriage Ceremonies: As Now Used in All Parts of the World*, which contains the history of marriage ceremonies of many recognized religious as well as marital rites of “idolators and pagans.”

With more than 107,000 print materials, 14,000 films and videos, and extensive art, artifact, and ephemera collections, the Institute’s library has become the premiere international repository for primary and secondary source materials pertaining to sex, gender and reproduction.

“Alfred Kinsey began building the collection in 1938 in preparation for his marriage course,” says Liana Zhou, head of the library. “He couldn’t find what he was looking for, so he built his own collection piece by piece.”

In 1947, when the Institute for Sex Research, Inc. (ISR) was established as a not-for-profit organization, Dr. Kinsey deeded his entire private collection to the Institute for \$1.00.

“The original library was organized in a very logical, straightforward way. For instance, anything art-related was cataloged under ‘A’; ‘M’ was for medicine, etc.,” Zhou says. “The library adapted a modified Dewey Decimal System in the 1960’s, but is still unique. Not many libraries have

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The Kinsey Institute is dedicated to advancing sexual health and knowledge worldwide through interdisciplinary research and scholarship in the fields of human sexuality, gender, and reproduction.

The Institute was founded in 1947 by renowned sex researcher Alfred Kinsey.

Director's Column

By Dr. Julia R. Heiman



Shawn Spence

In the midst of the current US election word flurries, while fantasizing various scenarios possible from the global economic shakedown, we think about how the world could be better if sexual knowledge and health were valued and delivered — and what strategies we need to accomplish this.

To that end, as you will see from some of the items in this issue, the Institute faculty and staff have focused on broadening our *Research* emphases. Two examples are a new grant with Zoë Peterson at the University of Missouri – St Louis, addressing sexual violence and sexual risk-taking in young men, and adding Dr. Virginia Vitzthum to our faculty, with her expertise in bioanthropology. Our collaboration efforts have increased with a pilot grant looking at newly married couples and we expect this to grow into something larger. Collaborations with other researchers include critically looking at the use of Viagra™ for women on certain anti-depressants, concepts of masculinity across eight countries, and the ongoing condom project featured in this newsletter.

Sustainability — building a more secure economic future — remains an inspiring effort that is beyond predictability. But we are hopeful and working hard towards this goal. The Institute is moving forward - the problem is that so much more is needed and the horizon for giving is slightly clouded at the moment.

The *Library and Art Collections* grow daily with new acquisitions, and a bevy of scholars to study them. Generous funding from the John Money Estate and other valued donors has made this possible. Impressively, this year alone, the brave and determined Art and Artifacts staff

(one full-time and one part-time curator) organized five exhibits at the KI and contributed to three exhibits at other venues.

The value of the collections and their meaning to the Institute was underscored by a near tragedy. At 10:05 p.m. Sunday, June 15, on an already sultry night, our head librarian Liana Zhou discovered a leak above the stacks of the collections. We later found out a humidifier pipe filter had split, causing hundreds of gallons of water to flow down the walls, ceiling, and into four floors of our building. Calls went out, and the valiant Institute staff, faculty, family members and university experts worked through the night to protect existing materials and rescue others. We are grateful that most of the collection was not affected. The pieces that were damaged are now emerging from the restoration efforts with little permanent harm. But this experience brings to the forefront our critical role in stewardship of these invaluable collections.

The June flood reemphasizes the need for new space for The Kinsey Institute. We have been working on such a plan for two years, and count on all of our friends and supporters to help make this a reality. If the idea piques your interest, do let us hear from you. <



Volunteer Suzanne Mudge and staff members Shawn Wilson and Jennifer Bass work through the night to move flood-damaged materials.



Patricia Winterton and Rebecca Lowe

Welcome New Staff

Patricia Winterton joins The Kinsey Institute staff as development associate. She recently graduated from the University of Chicago with a master's in social science, with a focus in gender studies and in an interest in non-profit development.

Rebecca Lowe, accounting associate, graduated from Indiana University with a master's in public affairs. She was assistant director of Admissions and Financial Aid at the School of Public and Environmental Affairs at IU before joining The Kinsey Institute.

Notable *Friends* Visit the Institute



Top Row:
Stanford University neuroscientist, author, and MacArthur Foundation Genius Fellow Robert Sapolsky visited with Julia Heiman, Erick Janssen and Heather Rupp.

Lou Maletta, founder of Gay Cable Network, and Wilson Kidde, meet with Julia Heiman and Liana Zhou on the KI deck.

Former Kinsey research collaborator George Huntington and Liana Zhou.

Bottom Row:
Judy Norsigian, executive director and a founder of the Boston Women's Health Book Collective meets with IU Applied Health Science professor Zobeida Bonilla-Vega, and Julia Heiman and Heather Bradshaw at the KI.

Liana Zhou, Wendy Kinsey Corning, Anne Kinsey Call, and Denny Clerkin at the summer picnic.

Michael Kirby, Justice of the High Court of Australia and former member of Kinsey Institute Board of Governors, with Susan Williams of IU School of Law.

Research Scientist Virginia J. Vitzthum Joins Faculty



Virginia J. Vitzthum

Virginia J. Vitzthum has joined the research team of The Kinsey Institute as senior research scientist. An evolutionary biologist and anthropologist, her work of the past 20 years has focused on the determinants of variation in human female reproductive functioning. Holding a joint appointment with the IU Anthropology Department, Vitzthum also teaches human reproductive ecology.

One of the first scientists to conduct observational research on breastfeeding, in 1985 Vitzthum lived among rural Peruvian Quechua speakers. "Sitting in the corners of women's homes, I timed on-demand suckling to the nearest second. This and other research demonstrated that there is no single natural human pattern of on-demand breastfeeding. Women experience multiple claims on their

time and energy. Breastfeeding is patterned on these demands, which typically vary between women and among cultures, leading to variation in the post-partum suppression of reproductive functioning."

During the mid-90s, in collaboration with Dr. Hilda Spielvogel of the Bolivian Institute for High Altitude Biology, Vitzthum directed Project REPA, a longitudinal study of hormonal variation in highland Bolivian women.

"We knew that women in the United States have among the highest levels of the ovarian hormones (estradiol and progesterone) while women in many other cultures have lower levels. But we didn't know whether this hormonal variation translates into differences in fertility."

Vitzthum found unequivocally that lower hormone levels were normal for Bolivian women. Despite living at a high altitude and consuming an average of only 1800 calories a day, they were able to conceive with lower hormone levels than are considered normal for American women.

Vitzthum's most recent work is focused on the causes of this hormonal variation. In 2006 she studied nomadic Mongolian herders, whose caloric intake is similar to Bolivians but whose consumption of animal fat is closer to that of Americans. She spent last year at the Max Planck

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Marvels

continued from cover

sections devoted to prostitution, masturbation, nudist magazines or pulp fiction.”

Kinsey’s vision inspired a lot of donors and supporters. Some people send in pieces anonymously; others purchase items especially for the collection, because they believe that they belong at the Institute. “It’s a very emotional collection, because many items reflect an individual’s sexual journey,” says Zhou.

When asked if she had any personal favorites among the thousands of items and stories, Zhou responded with swift enthusiasm, describing two pieces of which she is particularly fond: a leather-bound scrap book from the 1930’s, compiled by a San Francisco district attorney, detailing the city’s brothels — including prices for services, individual workers, photos, maps, and match-books, and a Chinese sex book published in 1610.

“The book, the title of which roughly translates to English as *The Lady of the Moon*, had belonged to a Chinese professor at Columbia University,” Zhou says. “It is the only surviving copy in the world.”

Other treasures include 18th and 19th century editions of French and English erotica and the “Eight-Pager” collection, with over 1,200 titles of comic strips depicting characters or well-known celebrities in sexual activities.

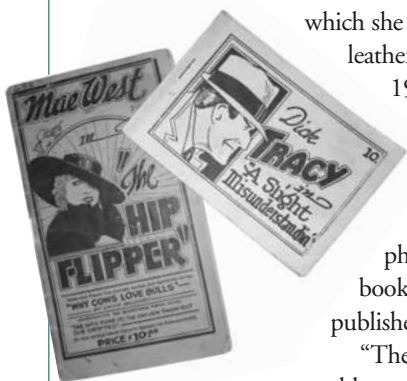
As for online access, the library plans to offer full-text versions of books and articles, as they become available. Some examples include the *Continuum Complete Encyclopedia of Sexuality* (kinseyinstitute.org/ccies) and William Maurice’s *Sexual Medicine in Primary Care*. ◀

All library holdings can be searched through the online catalog: kinseyinstitute.org/library/kicat.html

For more on the unique holdings in The Kinsey Institute library, go to kinseyinstitute.org/library



Su Wo Pien (*The Lady of the Moon*)



Eight-Pagers

New In the Archives: The ISNA Collection

Recently The Kinsey Institute’s library received the archives of the Intersex Society of North America (ISNA). Founded in 1993 under the leadership of Bo Laurent (pen-name Cheryl Chase), ISNA was a pioneering advocacy group for people diagnosed with disorders of sexual development (DSDs).

For 14 years, ISNA worked to end the stigma, secrecy, and unwanted surgeries for people who were born with anatomy not considered standard “male” or “female” by the mainstream medical community. In 2006, with participation from Bo Laurent, the American Academy of Pediatrics published “The Consensus Statement on Management of Intersex Disorders,” which incorporates many of the points long advocated by ISNA.

In 2007, ISNA closed and The Accord Alliance was formed to carry on the advocacy and education around diseases of sexual development. Laurent made the decision to permanently deposit ISNA’s archives at The Kinsey Institute library.

“This collection documents the birth of this organization and the voices of individuals who have personally be affected,” says Liana Zhou, head of the library and archives. “We have personal histories, dissertations, grant proposals, media coverage, and artifacts. It is a very well-organized and conscientiously documented collection. We are in the final stages of processing it, and soon it will be available for researchers.”

Along with the ISNA archives, the library also houses the collections of researchers and clinicians, including Drs. Harry Benjamin and John Money, and sex research organizations, such as the Harry Benjamin International Association of Dysphoria (now known as WPATH) and International Academy of Sex Research (IASR). Together these collections give a comprehensive history of the time — from research and scientific studies to controversial clinical practices to the record of the advocacy movement of people directly affected by disorders of development.

Liana Zhou commented on the coexistence of these collections at The Kinsey Institute library.

“I think it says a great deal about the role of the Kinsey library. Our role is to preserve the records of the cultural, historical, social and medical movements, and make the materials available for future scholars. All discussions, approaches, and perspectives have a place in our archival program. The ISNA collection adds a critical piece to understanding the recent changes in medical practice and social acceptance.”

ISNA’s website remains online as a historical artifact.

Find it at www.isna.org

Visit the new Accord Alliance online at www.accordalliance.org

Understanding Sexual Aggression In Young Men



Zoë Peterson

Sexual aggression is all-too-common in the US, especially as perpetrated by young, heterosexual men. For example, about 18% of women report an experience with attempted or completed rape. Among the direct consequences to both the sexually aggressive young man and his unwilling

female partner is the risk of HIV and STIs, as well as other life-changing problems. In a new study, Dr. Zoë Peterson, former postdoctoral fellow at the Kinsey Institute and now Assistant Professor at University of Missouri-St. Louis, is working with Kinsey Institute researchers to examine the relationship between sexual aggression and other forms of sexual risk-taking, such as unprotected sexual intercourse.

Visiting Scholars Broaden Our Perspective



Dr. Sven-Axel Månsson

Earlier this year, Dr. Sven-Axel Månsson of Malmo, Sweden visited The Kinsey Institute as visiting scholar. Dr. Månsson is professor of Social Work at University of Malmo, where he directs the research program Gender, Sexuality and Social Work.

His research addresses prostitution in contemporary and historical contexts, trafficking, love and sexuality on the Internet, and the use of pornography by adolescents.

While at the KI, he presented a seminar, “The whore, the kind-hearted comforter and another kind of sex: Men’s images and fantasies of the prostitute.” He is the author of *Cultural Conflict and the Swedish Sexual Myth* (1993) and *Generation P? Youth, Gender and Pornography* (2007), with Knudsen and Lofgren-Martenson.

In August, The Kinsey Institute hosted Baden Offord, associate professor in the School of Arts and Social Sciences at Southern Cross



Baden Offord

University, Australia. His interdisciplinary cultural studies research is in the fields of sexuality, human rights, belonging and identity. Offord’s book, *Homosexual Rights as Human Rights: Activism in Indonesia, Singapore and Australia* (2003), was described by Australian High Court Judge, Justice Michael Kirby, as “pioneering.”

Both researchers utilized the Alfred Kinsey archive while in Bloomington. Månsson was interested in how Kinsey’s data on prostitution — especially the qualitative and ethnographic material collected by the Kinsey research team — compared to his own contemporary studies, while Offord examined historical and recent responses to Alfred Kinsey’s work. He found Kinsey’s insights “remarkably astute and relevant to our understanding of what it means to be human.” For example, Offord cites a 1939 lecture to Phi Beta Kappa where Kinsey stated: “Variability is universal in the living world,” and that “failure to recognize this unlimited non-identity has vitiated much of our scientific work.”

In his upcoming book, *Against Paranoid Sexuality*, Baden Offord examines contemporary debates about the limits of identity politics as well as the fear and aversion to sexual diversity. Like Kinsey, Offord argues that “variation and diversity are the basis for being human, and that sexuality is itself as varied as every human being.”

Interviews with Dr. Mansson are available by podcast at kinseyinstitute.org/media

Condom Team

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“We are flexible in our choice of methodologies, sharing a common interest in the role and value of scientific studies that have application toward public health goals,” explains Cynthia Graham. “As this is a new area of research, we are finding that new challenges and questions arise from each study we have done.”

Findings of the research suggest that erection loss while using condoms may contribute to risky sexual behavior. Men may not use condoms throughout sexual activity, putting them on after sex has begun, or removing them early.

“Our research also helps us understand why many men and women don’t like condoms,” says Crosby. “It suggests a need for education. When men are able to learn to use condoms more correctly, they are more likely to use them effectively.”

Most surprising has been the discovery that condom use errors and problems are common. Samples assessed by the team include college men and women, STD clinic patients, and men living in rural areas. “Condom-associated erection difficulties are more common than we expected, even in younger men,” Graham notes. “We have also been struck by the frequency with which people report problems and concerns about the sensory aspects of condom use, such as smell and taste.”

What’s next for the condom use team? Bill Yarber explains: “We are currently planning an intervention study at a public health clinic aimed at increasing men’s comfort and the correct use of condoms. We are also planning further quantitative and qualitative studies, and are at the proposal stage for further funding for future studies.” <

Articles by the condom use team have appeared in many journals, including the *American Journal of Men’s Health*, *International Journal of STDs and AIDs*, *Journal of the American Medical Women’s Association*, *Sexually Transmitted Diseases*, *American Journal of Health Behavior*, *Sexually Transmitted Infections*, and the *Health Education Monograph*.

For more information, visit kinseyinstitute.org/research

In this study, questionnaire, interview, and laboratory methods are being used to test and refine a treatment-oriented model that helps to explain young men’s sexually aggressive behavior and other sexual risk-taking. The long-term goals of this project are to better understand the risk factors that are common to sexual aggression and other sexual risk-taking and to identify strategies that can be applied to rape and HIV prevention programs aimed at young, heterosexual men. “We know that sexual aggression is highly prevalent, but

researchers are only in the beginning stages of understanding what motivates sexually aggressive behavior. Hopefully this project will lead to some insights that can inform future efforts at rape prevention,” says Dr. Peterson.

“We are committed to tackling the problems of sexual violence in our research at The Kinsey Institute,” says Director Julia Heiman. “This is one step in a growing effort to understand the problem of sexual violence worldwide.” <

Student Awardees Present Research

In October, several Indiana University recipients of the 2007-08 Friends of The Kinsey Institute Graduate Grants presented research at the Institute.



From left: Kristal Cain, Rose Hartzell, and Christopher Fisher

Christopher Fisher — *Growing up LGBT in Indiana* — followed up with men and women who had participated in a community organization for LGBT youth.

Rose Hartzell, — *“Golden Girls:” What About Safer Sex?* — interviewed women in midlife to assess HIV risk.

Both are graduate students in the department of Applied Health Science in the School of Health, Physical Education & Recreation.

Kristal Cain, based in the Program in Ecology, Evolution & Behavior in the Department of Biology, presented early findings on testosterone and mating behavior in female songbirds, and creative methods for testing hormonal exposure. (*Individual variation in female mating choices: relating yolk hormones to extra-pair behavior in a female songbird*).

Announcing the New John Money Fellowship for Scholars of Sexology

The John Money Fellowship for Scholars of Sexology was established by Dr. John Money to support graduate students whose scholarly work would benefit from the use of library and archival materials at The Kinsey Institute for Sex, Gender, and Reproduction. Applications are encouraged from all students enrolled in a graduate program in the United States and whose interests concern the history, politics, methodology of sexology and sexuality studies. In addition to conducting his or her own research, the fellow is expected to make a contribution to the organization, preservation, and/or accessibility of The Kinsey Institute collections. Examples include, but are not limited to, the creation of annotated bibliographies, collection guides, finding aids, and digital presentations or media productions which highlight or showcase The Kinsey Institute collections.

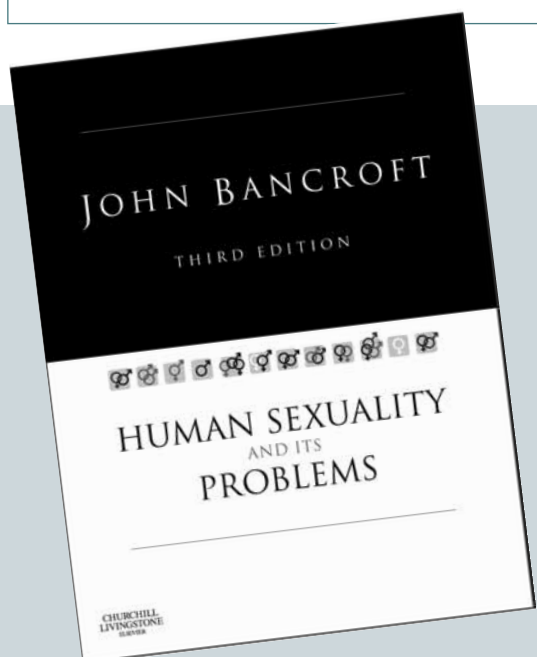
John Money (1921 – 2006) was internationally known for his work in psychoendocrinology and developmental sexology. His lifelong work, including manuscripts, correspondence, lectures, media interviews and documentaries, are housed at The Kinsey Institute library.

The application deadline is December 22, 2008, the fellowship announcement will be made by January 29, 2009.

Applications are online at kinseyinstitute.org.



The Kinsey Institute library reading room



News from Former Director, John Bancroft

So what has he been doing in his “free time?” It will soon be apparent, when *Human Sexuality and its Problems* is released in January, 2009. The long awaited 3rd edition of former Kinsey Institute Director John Bancroft’s classic multi-disciplinary reference book on human sexuality will be published by Churchill Livingstone Press. Fully updated, the new edition incorporates theory and its role in sex research and draws on the latest global research to review the clinical management of problematic sexuality providing clear, practical guidelines for clinical intervention. What’s new in this edition?—more theory, global perspectives, sexual aspects of medical practice, fertility, fertility control and infertility, and a separate section on HIV, AIDS and other sexually transmitted diseases.

Check the KI website in 2009 for more on this multi-disciplinary reference book on human sexuality.



NEWS FROM THE KINSEY INSTITUTE ART COLLECTIONS



**CALL FOR ARTISTS:
The Kinsey Institute's 2009 Juried Art Show
Indiana University School of Fine Arts Gallery
May 29–August 1, 2009**

The Kinsey Institute's annual art competition is entering its fourth year with some major changes. Having outgrown the exhibition space available at the Institute, the juried art show will be moving to the Indiana University School of Fine Arts Gallery. The SoFA Gallery is centrally located on the Bloomington campus and can accommodate a much larger show, including a wider range of media and installations, and opening reception. Artists may enter their work online or by mail. For instructions and more information go to kinseyinstitute.org and click on *gallery*.

The juror for the 2009 competition is Jennifer Cahn, Ph.D., an art historian with twenty years of experience creating exhibitions of fine and folk art in a wide range of media. She is currently curator at the Brownsville Museum of Fine Art in Texas.

The Kinsey Institute 2009 Juried Art Show will open with a public reception on Friday, May 29, from 7:00 pm to 9:00 pm. The show will run through August 1, 2009.

Visit the gallery online at kinseyinstitute.org

**NOW SHOWING
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On June 27, 1969 a riot broke out at the Stonewall Inn in New York's Greenwich Village. For the police it was a routine raid on a gay bar, but this time the patrons decided to resist, setting off three days of unrest that are now credited with launching the modern gay rights movement.

Pre-Revolutionary Queer brings together a diverse collection of artwork, photographs, rare newsletters, magazines, and books

from the Institute's archives to document the existence of vibrant but largely underground gay, lesbian, bisexual, and transgender communities in the United States and Europe prior to the Stonewall rebellion. Featured artists include Paul Cadmus, Jared French, Etienne, George Platt Lynes, Sam Steward, Suzanne Ballivet, Jean Cocteau, Leonor Fini, Andrey Avinoff, Mike Miksche, and Tom of Finland, as well as physique photographers Al Urban, Lon of New York, Bruce of LA, Bob Mizer, and Don Whitman.

Visit the gallery online at kinseyinstitute.org



Thor (Samuel Steward)
United States
Three Wheelers, c.1954
Ink on paper

GALLERY HOURS

Open gallery hours are Monday-Friday, 2 pm to 4 pm. For more information about current and upcoming shows and to view several online exhibitions, go to: kinseyinstitute.org/services/gallery.html.

To donate materials or to support our exhibitions through our "Adopt a Work of Art" program, contact the curator, Catherine Johnson-Roehr, catjohns@indiana.edu.

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New Faculty Virginia Vitzthum

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Institute for Evolutionary Anthropology in Leipzig, measuring hormone levels in women born in the former East and West Germanys, where both diet and activity patterns differed before reunification.

“What we eat and what we do is at the heart of the intersection between biology and culture. Especially important is whether an adult experience of diet and exercise differs dramatically from one experienced in childhood. Who we are as adults is very much a reflection of who we were as children.”

Vitzthum sees her work as a bridge to the world of applied health science such as in the field of contraceptive technology. “Working at The Kinsey Institute represents an opportunity to pursue this research in a very supportive environment, with incredibly capable, thoughtful colleagues,” she says.

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